**WALLOWS RELEASE QUARANTINE-MADE EP ‘REMOTE’**

**LISTEN HERE:** [**https://Wallows.lnk.to/RemotePR**](https://Wallows.lnk.to/RemotePR)

**WATCH EP SINGLES “VIRTUAL AEROBICS” VIDEO** [**HERE**](https://Wallows.lnk.to/VirtualAerobicsLyrics)

**& “NOBODY GETS ME (LIKE YOU)” VIDEO** [**HERE**](https://www.youtube.com/watch?v=nwA3y36pe7w&ab_channel=Wallows)

**NOMINATED** [**BEST PUSH**](https://www.mtvema.com/vote/bestpush/) **FOR THE MTV EMAS**

**RIAA-CERTIFIED PLATINUM SINGLE “**[**ARE YOU BORED YET? (FEAT. CLAIRO**](https://www.youtube.com/watch?v=wIgmyE5Juzw)**)” IS #4 AT ALT RADIO**



([DL photo here](https://press.atlanticrecords.com/wallows/), Photo Credit: Nikoli Partiyeli)

Following their EP single releases “[Nobody Gets Me (Like You)”](https://wallows.lnk.to/NGMLYvideo) and “[Virtual Aerobics](https://wallows.lnk.to/VirtualAerobicsLyrics),” today **Wallows** release their quarantine-made EP ‘**Remote’**(see track list below). All songs on ‘Remote’ were produced by **Sachi DiSerafino, John DeBold**, and Wallows, except for “Nobody Gets Me (Like You)” which was produced by **Ariel Rechtshaid** (Vampire Weekend, Haim, Adele). Listen to ‘Remote’[HERE.](https://Wallows.lnk.to/RemotePR)

Wallows says, *‘Remote’ is a special project for us. We finished it all without seeing each other in person by sending each other voice memos and spending hours chatting on FaceTime. Though the lyrics don’t reflect on or reference our time staying at home, the music wouldn’t have turned out the way it did if not for quarantine. Big love to our producers and friends Sachi DiSerafino and John DeBold for working around the clock with us. We hope you enjoy it as much as we do.”* You can find ‘Remote’ merchandise, including the pink vinyl which features a B-side Remote logo etching [HERE](https://wallowsmusic.store/).

The band will be celebrating ‘Remote’ release week with a bunch of activities such as a remote quarantine Zoom listening event and conversation with fans today, playing in [Gamers.Vote’s](https://www.gamers.vote/) Falloween ‘Fall Guys’ tournament in support of Vote Early Day tonight, a Twitter Q&A on Monday (10/26), Reddit AMA on Thursday (10/29), and capping the week off with a [TikTok Altrocktober](https://newsroom.tiktok.com/en-us/tiktoks-altrocktober-kicks-off-on-a-high-note) session and a performance for Rolling Stone’s [Fridays For Unity](https://www.rollingstone.com/music/music-news/selena-gomez-jeff-tweedy-rolling-stone-fridays-for-unity-1075457/) event series next Friday (10/30). For more information on how to join in, please check Wallows’ social media channels (@wallowsmusic).

EP single “[Nobody Gets Me (Like You)](https://wallows.lnk.to/NGMLY)” saw the band team back up with director Dillon Dowdell for another epic [music video](https://wallows.lnk.to/NGMLYvideo) – picking up where their “[OK](https://wallows.lnk.to/OKVideo)” collaboration left off. The 2nd single “Virtual Aerobics” is joined by a [lyric video](https://wallows.lnk.to/VirtualAerobicsLyrics) directed and edited by Nikoli Partiyeli and choreographed by Emilia Richeson-Valiente of [Pony Sweat](https://nam04.safelinks.protection.outlook.com/?url=https%3A%2F%2Fponysweataerobics.com%2F&data=02%7C01%7CGabrielle.Reese%40atlanticrecords.com%7C912ccbbb73d74d3324f908d85f3e2d43%7C8367939002ec4ba1ad3d69da3fdd637e%7C0%7C1%7C637364067941556272&sdata=KsVniOBMbgqb1hQzk54ncNWig5eDy7AmJ9UWtRYJvpo%3D&reserved=0), a *fiercely noncompetitive* dance aerobics practice that celebrates anti-perfectionism and the liberation of all bodies.



(DL ‘Remote’ cover art [here](https://press.atlanticrecords.com/wallows/) - designed by [Nejc Prah](https://nejcprah.com/about))

**‘Remote’Track List:**

1. Virtual Aerobics

2. Dig What You Dug

3. Nobody Gets Me (Like You)

4. Coastlines

5. Talk Like That

6. Wish Me Luck

With Election Day only 12 days away, Wallows are asking fans “Are You Registered Yet?” On October 30th, the band will be airing a performance of “OK” as part of Rolling Stone’s Fridays For Unity, a nationwide virtual music and conversation event series featuring some of the United States’ greatest entertainers and influential politicians. The event encourages voter engagement and will be broadcast on the [Rolling Stone YouTube page](https://www.youtube.com/channel/UC-JblcinswY50lrUdSaRNEg) at 8pm EST. The band also recently partnered with [HeadCount](https://nam04.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.headcount.org%2F&data=02%7C01%7CGabrielle.Reese%40atlanticrecords.com%7Cede163908fa04f14fbdf08d7c08403a6%7C8367939002ec4ba1ad3d69da3fdd637e%7C0%7C0%7C637189545885089637&sdata=uTfKQ306bwo29SWDgtepKGcMihEzVH32g%2F0HZCblRQU%3D&reserved=0), a non-partisan organization that promotes participation in democracy through music, culture, and digital media, for National Voter Registration Day. For one day only, the band gave away a download of “Bad Remake” – the last never-before-heard track from *the Nothing Happens* album sessions – if you checked your voter status, registered or pledged to vote. However, you can still get ready to vote [HERE](https://smarturl.it/WallowsVote).

“[Are You Bored Yet? (feat. Clairo)](https://www.youtube.com/watch?v=wIgmyE5Juzw),” taken from Wallows debut album *Nothing Happens*, has been certified **Platinum** in the US and Mexico, Gold in Australia and has now surpassed 337M global streams. “Are You Bored Yet?” was also named one of Spotify’s predictions for [Songs of the Summer 2020](https://nam04.safelinks.protection.outlook.com/?url=https%3A%2F%2Fvariety.com%2F2020%2Fmusic%2Fnews%2Fsongs-of-summer-predictions-spotify-beyonce-stallion-baby-1234645468%2F&data=02%7C01%7CGabrielle.Reese%40atlanticrecords.com%7C5dc7b3c454804d0ae26c08d847e6eea8%7C8367939002ec4ba1ad3d69da3fdd637e%7C0%7C0%7C637338404482516694&sdata=Yx0U0WLmI7QDzJ9GVVzHlU%2BmhyZHpWXDiN9egGy5kQw%3D&reserved=0) and has hit the top 5 on the Alternative radio chart. Featured as MTV’s Push Artist of the Month for September, an exclusive performance of “Are You Bored Yet?” is available to watch [HERE](http://www.mtv.com/video-playlists/yz976h/push-discover-mtv-push-artist-wallows/5dwv6v), along with a performance of ‘Remote’ EP single “Nobody Gets Me (Like You)” + more. The band was also recently nominated “Best Push” at the MTV EMA’s- you can vote [HERE.](https://www.mtvema.com/vote/bestpush/)

**FOR MORE ON WALLOWS, PLEASE VISIT:**

[WALLOWSMUSIC.COM](https://nam04.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwallowsmusic.com%2F&data=02%7C01%7CGabrielle.Reese%40atlanticrecords.com%7Ce6a5a257147d4159ca6b08d821ef52cf%7C8367939002ec4ba1ad3d69da3fdd637e%7C0%7C0%7C637296659049334396&sdata=wt28n9Is9PxQZ8jz%2F5ruXEnyeDIUR5kia8jU4imOMgU%3D&reserved=0) I [FACEBOOK](https://nam04.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.facebook.com%2Fwallowsmusic%2F&data=02%7C01%7CGabrielle.Reese%40atlanticrecords.com%7Ce6a5a257147d4159ca6b08d821ef52cf%7C8367939002ec4ba1ad3d69da3fdd637e%7C0%7C0%7C637296659049344385&sdata=vjSE%2FAotHme7zrsAkvwn3QR2Giu5U%2FIIfmoqV8G3qvQ%3D&reserved=0) I [TWITTER](https://nam04.safelinks.protection.outlook.com/?url=https%3A%2F%2Ftwitter.com%2Fwallowsmusic&data=02%7C01%7CGabrielle.Reese%40atlanticrecords.com%7Ce6a5a257147d4159ca6b08d821ef52cf%7C8367939002ec4ba1ad3d69da3fdd637e%7C0%7C0%7C637296659049344385&sdata=pbCjWIMSEsnfSXCyEcrxH8nEecO%2BtvHEl%2F2P4BXUIYk%3D&reserved=0) I [YOUTUBE](https://nam04.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.youtube.com%2Fwallowsmusic&data=02%7C01%7CGabrielle.Reese%40atlanticrecords.com%7Ce6a5a257147d4159ca6b08d821ef52cf%7C8367939002ec4ba1ad3d69da3fdd637e%7C0%7C0%7C637296659049354389&sdata=aYRFq4K8NbqGry8zQ5tqNB0uuwIlreI9P86IADPGio4%3D&reserved=0) I [INSTAGRAM](https://nam04.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.instagram.com%2Fwallowsmusic%2F&data=02%7C01%7CGabrielle.Reese%40atlanticrecords.com%7Ce6a5a257147d4159ca6b08d821ef52cf%7C8367939002ec4ba1ad3d69da3fdd637e%7C0%7C0%7C637296659049354389&sdata=x3bryZj0jZZ4E4EN3YMdu7jjsiZ0RDFM%2BNzuN4njVXI%3D&reserved=0) | [TIK TOK](https://www.tiktok.com/%40wallows) | [PRESS SITE](https://nam04.safelinks.protection.outlook.com/?url=http%3A%2F%2Fpress.atlanticrecords.com%2Fwallows%2F&data=02%7C01%7CGabrielle.Reese%40atlanticrecords.com%7Ce6a5a257147d4159ca6b08d821ef52cf%7C8367939002ec4ba1ad3d69da3fdd637e%7C0%7C0%7C637296659049364377&sdata=FnfLgT14ocKNJ8v%2B0exQnVr%2B7zDaMnigsAT4EHZ9V10%3D&reserved=0)

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