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**corook opens up on “i’m not doing well”**

**nashville-based singer-songwriter shares deeply personal song**

**co-written with Wrabel and Ben Abraham**

**north american tour supporting Maddie Zahm now underway**

[**listen to “i’m not doing well”**](https://corook.lnk.to/imnotdoingwell)



[download hi-res artwork](https://warnermusicgroup.box.com/s/unj311al1g801oz2vgm4unnd2p3s2430)

*“If specificity is the soul of narrative, then corook is one of the most naturally gifted storytellers in the game.”* **–** [**BILLBOARD**](https://nam04.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.billboard.com%2Fculture%2Fpride%2Ffirst-out-kehlani-japanese-breakfast-arlo-parks-1235053443%2F&data=05%7C01%7CAndrew.George%40atlanticrecords.com%7Ce1020d9afa3443bbb30708da926bb073%7C8367939002ec4ba1ad3d69da3fdd637e%7C0%7C0%7C637983289082403120%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=kNwWGbg1Gsa4uwshIg2o2FKyIWo6YVkKYhN2qtjbSe0%3D&reserved=0)

Nashville-based singer-songwriter **corook** is setting forth on a new chapter in their musical journey with today’s premiere of “**[i’m not doing well](https://corook.lnk.to/imnotdoingwell)**,” co-written with **Wrabel** (**Backstreet Boys**, **Kesha**) and **Ben Abraham** (**Demi Lovato**, **Sara Bareilles**, **Ben Platt**).

“*I got to write this song with two of my favorite writers,* ***Wrabel*** *and* ***Ben Abraham****, at my house in Nashville,*” says **corook**. “*To put it simply I wrote it when I was not doing well. Sometimes my sad is short, sometimes my sad is long and this time it felt long. I remember being embarrassed to tell them how I was actually doing but by the end of us writing the song I felt empowered saying how I felt. I recorded and mixed it in my bedroom studio in the cold January winter in hopes of capturing the rawness of my everyday life.*”

**corook** – pronounced ‘co-rook’ – recently celebrated their 28th birthday with their first single of the new year, “[**the dog**](https://corook.lnk.to/thedog)” and its heartbreaking music video (co-starring **corook** and their actual girlfriend) streaming now [**HERE**](https://corook.lnk.to/thedogvideo). The poignant track was met by applause from **PAPER**, which simply raved, “*Channeling Phoebe Bridgers,* ***corook*** *finds anguish and heartbreak in the small details of a breakup.*”

After spending much of last year on the road, including their first-ever live runs (supporting **K.Flay** and **Jukebox the Ghost**) as well as their debut festival performance at Bonnaroo (featured in [**Rolling Stone**](https://www.rollingstone.com/wp-content/uploads/2022/06/Corook_Bonnaroo22__D4A7858.jpg?w=150)) – the rising musician is currently traveling North America as special guest on **Maddie Zahm**’ssold-out “You Might Not Like Her” tour. Highlights include stops at NYC’s **Bowery Ballroom** (March 20) and Los Angeles’ famed **Troubadour** (April 11). For additional information, please visit [www.corook.com](http://www.corook.com).

Named as one of [**The Advocate**](https://www.advocate.com/music/2022/9/27/7-queer-artists-your-fall-playlist)’s “*7 Queer Artists For Your Fall Playlist*,” **corook** has become known for their ability to tackle deeply personal themes in their music and visuals through a humorous lens. Last spring, the genre-busting, Nashville-based musician blessed the world with their debut EP, [***achoo!***](https://nam04.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcorook.lnk.to%2Fachoo&data=05%7C01%7CAndrew.George%40atlanticrecords.com%7C9b70bf225b6342c0b17b08da9734230e%7C8367939002ec4ba1ad3d69da3fdd637e%7C0%7C0%7C637988547917114682%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=VlQl95Llbvm1OH4%2F35cL%2FPluxRfm%2B2XRVjk6oiQta7s%3D&reserved=0), featuring such surprising and insightful tracks as “[idk god](https://nam04.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcorook.lnk.to%2Fidkgod&data=05%7C01%7CAndrew.George%40atlanticrecords.com%7C9b70bf225b6342c0b17b08da9734230e%7C8367939002ec4ba1ad3d69da3fdd637e%7C0%7C0%7C637988547917114682%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=yrglMfL4%2BYQDL%2F6GMNrlgmafZGRJbWzwYIO5%2F9FSIkA%3D&reserved=0),” “[degree](https://nam04.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcorook.lnk.to%2FdegreeID&data=05%7C01%7CAndrew.George%40atlanticrecords.com%7C9b70bf225b6342c0b17b08da9734230e%7C8367939002ec4ba1ad3d69da3fdd637e%7C0%7C0%7C637988547917114682%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=86DiTejZJnpg9A6FF%2BCkQBEAJif9%2FcHR3rtwtJzNn%2F0%3D&reserved=0),” “[bad friend](https://nam04.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcorook.lnk.to%2Fbadfriend&data=05%7C01%7CAndrew.George%40atlanticrecords.com%7C9b70bf225b6342c0b17b08da9734230e%7C8367939002ec4ba1ad3d69da3fdd637e%7C0%7C0%7C637988547917114682%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=RxY6hi%2FfjPdN8bW%2FI%2BADynqljeoOKd5SFNEV1InpWsY%3D&reserved=0),” and “[sims](https://nam04.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcorook.lnk.to%2Fsims&data=05%7C01%7CAndrew.George%40atlanticrecords.com%7C9b70bf225b6342c0b17b08da9734230e%7C8367939002ec4ba1ad3d69da3fdd637e%7C0%7C0%7C637988547917114682%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=Wtzaatb3d8Q%2Bb1VP8w0a6xVVcC7gpc1sR78gfqiOJz8%3D&reserved=0)” in addition to the fan favorite “[snakes](https://open.spotify.com/track/4CigTjRg2PZZKYAus45wOA?si=1fa94e951874447d).” Further releases followed, among them the viral adult lullaby, “[it’s ok](https://nam04.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcorook.lnk.to%2Fitsokvideo&data=05%7C01%7CAndrew.George%40atlanticrecords.com%7C9b70bf225b6342c0b17b08da9734230e%7C8367939002ec4ba1ad3d69da3fdd637e%7C0%7C0%7C637988547916958467%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=UL0g1DkeVGxhAwnu5MDhLsQZSMmxLP9rl%2BYJkw2IZdI%3D&reserved=0)!,” the unrestrained “[BDSM](https://nam04.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcorook.lnk.to%2FBDSM&data=05%7C01%7CAndrew.George%40atlanticrecords.com%7C9b70bf225b6342c0b17b08da9734230e%7C8367939002ec4ba1ad3d69da3fdd637e%7C0%7C0%7C637988547917114682%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=PPGAm%2B6S4OlaYLZf1ZB%2B0CrIMULJZhWJGeEz8HgTCdU%3D&reserved=0),” the super-hot “[hell yeah](https://nam04.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcorook.lnk.to%2Fhellyeah&data=05%7C01%7CAndrew.George%40atlanticrecords.com%7C9b70bf225b6342c0b17b08da9734230e%7C8367939002ec4ba1ad3d69da3fdd637e%7C0%7C0%7C637988547917114682%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=ocAEGQWFPIEhM9%2BT%2FdTTjFmBb2lAC1%2FbbrBd%2F5r7Ftk%3D&reserved=0),” the heartfelt “[your mom](https://corook.lnk.to/yourmom),” and the ode to self-worth, “[smoothie](https://corook.lnk.to/smoothie).” **corook** also got vulnerable in front of the camera, reflecting on their mental health journey in an episode of **Out Magazine’s** “Love, Me” video series streaming now [**HERE**](https://www.out.com/health/2022/11/21/artist-corook-gets-candid-healing-mental-health-through-music).



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**corook on tour**

**MARCH**

10 – Kansas City, MO – Encore

12 – Minneapolis, MN – Amsterdam Bar & Hall

13 – Chicago, IL – SPACE

15 – Toronto, ON – Allied Music Center

17 – Boston, MA - Café 939 at Berklee

18 – Philadelphia, PA – World Café Live

20 – New York, NY – Bowery Ballroom

22 – Washington, DC – Union Stage

24 – Atlanta, GA – The Loft

27 – Nashville, TN – The Basement East

**APRIL**

11 – Los Angeles, CA – The Troubadour

**connect with corook:**

[corook.com](https://www.corook.com/) | [instagram](https://www.instagram.com/hicorook/) | [tiktok](https://www.tiktok.com/@hicorook) | [press assets](http://press.atlanticrecords.com/corook)

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