**A close up of a logo

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**THEORY  
New Studio Album *Say Nothing***

**Out Now via Atlantic Records**

[**PRESS HERE**](https://theory.lnk.to/saynothing) **To Listen**

**Releases Official Music Video for “World Keeps Spinning”**

[**PRESS HERE**](https://youtu.be/sciKBQmd0bA) **To Watch**

**Canadian Headlining Tour Kicks Off Tonight, January 31st**

**U.S. Dates Commence April 10th**

A group of people posing for the camera

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*Photo Credit: Jimmy Fontaine*

“[*Say Nothing*] The best album Theory has recorded to date.” – ***Glide Magazine***

“A continuation of their sonic evolution, with Theory embracing the pillars of pop-rock…and intent on initiating a thoughtful conversation with their listeners.” – ***Alternative Press***

“[‘Strangers’ is] a commanding anthem about the state of humanity…combining powerful lyrics with slick production and a rockin’ rhythm section.” – ***Parade***

“…passionate and emotional…kudos to Theory Of A Deadman for tackling these issues and using their platform to do so…”

- ***CelebMix***

“Not only has their sound evolved, their songwriting has put sometimes hard to talk about issues right at the forefront.”

– ***Sound Vapors***

“[Theory] is back into making music with meaning.” – ***Alternative Addition***

“There is a distinctly modern message to Theory’s material that meets the moment.” – ***Riff Magazine***

“With the release of *Say Nothing*, Theory has proven they cannot be boxed into any one particular genre and have showcased incredible maturity and growth in both their musical and lyrical content.” – ***Music Mayhem Magazine***

“The arrangements for each of the ten songs on *Say Nothing* are brilliant, matched with some of their most bold lyrics to date, and the irresistible vocals of Tyler Connolly…*Say Nothing* flows flawlessly.” – ***Cryptic Rock***

A flat screen television

Description automatically generated**Los Angeles, CA – January 31, 2020** – Today, multi-platinum band **THEORY** (**Theory Of A Deadman**) has released their seventh studio album, ***Say Nothing***. [**PRESS HERE**](https://theory.lnk.to/saynothing) to listen. The 10-track collection, available now via **Atlantic Records**, features the powerful lead single **“History Of Violence,”** which turns the tables on a story of domestic violence and is currently **#3 at Active Rock Radio.** [**PRESS HERE**](https://www.youtube.com/watch?v=hgHwXM7GYuk&feature=youtu.be) to watch the gripping video, illustrating a searing snapshot of a woman enduring an abusive husband as she plans to fight back, eventually ending up in jail but free of her abuser. Coinciding with the album’s release, **THEORY** – **Tyler Connolly** [lead vocals, guitar], **Dave Brenner** [guitar, backing vocals], **Dean Back** [bass], and **Joey Dandeneau** [drums, backing vocals] – has also dropped the official music video for **“World Keeps Spinning,”** a profoundly personal track written by **Connolly** about depression and anxiety. The new video was directed by **Sam Sulam**, who also helmed the video for **“History Of Violence.”** [**PRESS HERE**](https://youtu.be/sciKBQmd0bA) to watch and check out the first story on the **“World Keeps** **Spinning”** video via ***Substream Magazine***.

On ***Say Nothing***, already being hailed their best album to date, **THEORY** is speaking up through timely lyrical commentary that finds the band’s finger on the pulse of the current climate and the issues that our society is grappling with today including domestic violence, racism, the divisiveness in American politics, and anxiety and depression, all threaded together with a message that’s both a cautionary warning and a hopeful wish for our collective future. With **“History of Violence,”** which has racked up more than **5 million** collective streams, **THEORY** has been encouraging anyone affected by domestic abuse to call the **National Domestic Violence** **Hotline** (1-800-799-7233) for help. **THEORY** has also partnered with **PLUS1** to donate **$1** from every ticket sold for their upcoming U.S. tour to organizations dedicated to breaking the cycle of domestic violence and building a community free of abuse. Elsewhere on ***Say Nothing,*** the [**title track**](https://youtu.be/EKJgkS-LxRo)offers up a stark, emotional confessional about a communication breakdown in a relationship that ultimately leads to its demise and [**"Strangers"**](https://youtu.be/XqnmM8S3Qfs)addresses the current tense state of American politics and the divisive nature of our culture, calling out how nasty it has become between those with differing political affiliations and our society’s increasing inability to openly listen and relate to one another.

With undeniable anthems, scorching songcraft, experimental vision, rock ‘n’ roll attitude, and clever pop ambition, **THEORY** peels back the layers of their depth and breadth like never before. ***Say Nothing***, recorded in London with producer **Martin Terefe** [Jason Mraz, Yungblud], is a continuation of their musical and thematic evolution, displaying the band’s powerful storytelling in full force and introducing fresh sounds and sonics. See below for full tracklisting.

**THEORY** kicks off their **“Say Nothing World Tour”** tonight in their hometown of **Vancouver** with the first of two nights at The Commodore Ballroom. Their Canadian headlining outing will continue all month wrapping **February** **29th** in Barrie, ON. Beginning **April 9th**, **THEORY** will launch their U.S. headlining cross-country spring tour, featuring special guest 10 Years, at the new **Brooklyn Bowl Nashville**. Tickets are on sale now; see below for the full list of upcoming tour dates and visit [www.theoryofficial.com](http://www.theoryofficial.com) for all ticketing details.

***Say Nothing***is the follow-up to **THEORY’s** 2017 album ***Wake Up Call***, which featured their platinum single **“Rx (Medicate).”** Addressing the opioid epidemic, **“Rx”** racked up more than **250 million streams**, became their **third #1 on the *Billboard* Hot Mainstream Rock Tracks chart**, and received an ***iHeartRadio Music Award* nomination** for Rock Song of the Year. Over the course of nearly two decades, **THEORY**’s impressive catalogue has earned them **several platinum and gold singles**, **a platinum album**, **two Top 10 album debuts on the *Billboard* Top 200**, and **eight Top Tens on the *Billboard* Hot Mainstream Rock Tracks Chart**.

***SAY NOTHING* TRACKLISTING**

1. Black Hole In Your Heart
2. History Of Violence
3. Affluenza
4. Say Nothing
5. Strangers
6. Ted Bundy
7. World Keeps Spinning
8. Quicksand
9. White Boy
10. It’s All Good

**THEORY – UPCOMING TOUR DATES**

***Canada***

Friday, January 31 Vancouver, BC @ The Commodore Ballroom

Saturday, February 1 Vancouver, BC @ The Commodore Ballroom

Monday, February 3 Kelowna, BC @ Kelowna Community Theatre

Tuesday, February 4 Cranbrook, BC @ Western Financial Place

Thursday, February 6 Grand Prairie, AB @ Bowes Event Center

Friday, February 7 Edmonton, AB @ Winspear Center

Saturday, February 8 Calgary, AB @ Grey Eagle Event Centre

Monday, February 10 Medicine Hat, AB @ Canalta Centre

Tuesday, February 11 Saskatoon, SK @ Coors Event Centre

Thursday, February 13 Regina, SK @ Casino Regina

Friday, February 14 Winnipeg, MB @ Club Regent

Sunday, February 16 Sault Saint Marie, ON @ Sault Community Theatre

Monday, February 17 Sarnia, ON @ Imperial Theatre

Tuesday, February 18 London, ON @ London Music Hall

Friday, February 21 Halifax, NS @ Casino Nova Scotia

Saturday, February 22 Moncton, NB @ Casino New Brunswick

Monday, February 24 Ottawa, ON @ Bronson Centre

Tuesday, February 25 Guelph, ON @ Guelph Concert Theatre

Thursday, February 27 Toronto, ON @ Rebel

Friday, February 28 Montreal, QC @ MTELUS

Saturday, February 29 Barrie, ON @ Mavericks

***United States***

Thursday, April 9 Nashville, TN @ Brooklyn Bowl Nashville

Friday, April 10 Columbus, OH @ Newport Music Hall

Saturday, April 11 Louisville, KY @ Old Forester’s Paristown Hall

Monday, April 13 Huntsville, AL @ Mars Music Hall

Tuesday, April 14 Mobile, AL @ Soul Kitchen

Wednesday, April 15 New Orleans, LA @ House of Blues

Friday, April 17 Tampa, FL @ WXTB 98 Rockfest at Amalie Arena+

Saturday, April 18 Orlando, FL @ WJRR Earthday Birthday at Central Florida Fairground+

Sunday, April 19 Charleston, SC @ Music Farm

Tuesday, April 21 Wilmington, NC @ Greenfield Lake Amphitheatre

Wednesday, April 22 Greenville, NC @ State Theatre

Friday, April 24 Newark, NJ @ WDHA’s Rock the Rock Fest at Prudential Center+

Saturday, April 25 Worcester, MA @ WAAF Big Gig at DCU Center+

Sunday, April 26 Niagara Falls, NY @ The Rapids Theatre

Tuesday, April 28 Cleveland, OH @ House of Blues

Wednesday, April 29 Angola, IN @ The Eclectic Room

Friday, May 1 Minneapolis, MN @ Skyway Theatre

Saturday, May 2 Milwaukee, WI @ Eagles Ballroom – Club Stage

Sunday, May 3 Green Bay, WI @ Green Bay Distillery

Tuesday, May 5 Des Moines, IA @ Val Air

Wednesday, May 6 Springfield, MO @ Gillioz Theatre

Friday, May 8 Kansas City, MO @ Arvest Bank Center at The Midland Theatre

Saturday, May 9 St. Louis, MO @ Pointfest at Hollywood Casino Amphitheatre+

Sunday, May 10 Tulsa, OK @ Brady Theater

Tuesday, May 12 Lincoln, NE @ Bourbon Theatre

Wednesday, May 13 Sioux Falls, SD @ The District

Friday, May 15 Deadwood, SD @ Deadwood Mountain Grand Event Center

Saturday, May 16 Colorado Springs, CO @ Sunshine Studios

***Europe***

Friday, June 12 Donnington Park, UK @ Download Festival+

June 18-20 Hradec Kralove, Czech Republic @ Rock For People+

***United States***

Thursday, July 16 Cadott, WI @ Rock Fest+

+denotes festival date

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