FOR IMMEDIATE RELEASE

APRIL 14, 2022

**LIZZO’S BACK…**

**IT’S “ABOUT DAMN TIME”**

**3X GRAMMY® AWARD-WINNING SUPERSTAR SHARES EAGERLY AWAITED NEW SINGLE**

**MULTI-PLATINUM CERTIFIED ICON ANNOUNCES NEW ALBUM *SPECIAL***

**DUE JULY 15TH, PRE-SAVES/PRE-ORDERS AVAILABLE NOW** [**HERE**](https://LIZZO.LNK.TO/SPECIALPR)

**TO CELEBRATE AS BOTH HOST AND MUSICAL GUEST**

**ON THIS WEEKEND’S EPISODE OF NBC’S *SATURDAY NIGHT LIVE***

**LIZZO’SAMAZON PRIME VIDEO #1 REALITY SHOW**

***WATCH OUT FOR THE BIG GRRRLS* STREAMING NOW**

**“ABOUT DAMN TIME” AVAILABLE NOW** [**HERE**](https://LIZZO.LNK.TO/ABOUTDAMNTIMEPR)

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([DOWNLOAD](https://nam04.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwarnermusicgroup.box.com%2Fs%2Fjrjdv8u7j6rw3kzl2ve32x5g2syus3n2&data=04%7C01%7CTiana.Timmerberg%40atlanticrecords.com%7C71829669c4ed43bbbe3208da1e2eae27%7C8367939002ec4ba1ad3d69da3fdd637e%7C0%7C0%7C637855483832007917%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C2000&sdata=QZDUb6URBT0zHQB%2FDtfNfmWnM%2BA9khWQvsiFep%2BOJTY%3D&reserved=0) HI-RES PHOTOS + ARTWORK)

3x GRAMMY® Award-winning, RIAA multi-platinum certified superstar **Lizzo** has shared her long awaited new single, “[**About Damn Time**](https://LIZZO.LNK.TO/ABOUTDAMNTIMEPR),” available now via Nice Life Recording Company/Atlantic Records at all DSPs and streaming services [HERE](https://LIZZO.LNK.TO/ABOUTDAMNTIMEPR). The confident, empowering track is joined by an official music video, premiering today via YouTube [HERE](https://www.youtube.com/watch?v=IXXxciRUMzE).

“About Damn Time” heralds Lizzo’s highly-anticipated upcoming album *SPECIAL*, due July 15th with pre-orders available now [HERE](https://LIZZO.LNK.TO/SPECIALPR).

Saturday, April 16 will see Lizzo celebrating the eagerly anticipated arrival of “About Damn Time” by returning to NBC’s *Saturday Night Live* as both host and musical guest – her first appearance on the show since serving as musical guest back in 2019. Lizzo is one of the few superstars to serve as both host and musical guest on *SNL*, and is only the third black female to pull double duty in the show’s history. The appearance follows recent visits to NBC’s *The TODAY Show* and CBS’ *The Late Late Show with James Corden,* the latter of which saw Lizzo teasing “About Damn Time” by giving fans an exclusive first listen to the funky new single (watch [HERE](https://nam04.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.youtube.com%2Fwatch%3Fv%3DNcmrUTcib8I&data=04%7C01%7CTiana.Timmerberg%40atlanticrecords.com%7C71829669c4ed43bbbe3208da1e2eae27%7C8367939002ec4ba1ad3d69da3fdd637e%7C0%7C0%7C637855483832164170%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C2000&sdata=2MoFwi2kM0RwKa979Tv%2BmWhvqpdum8hpfyF2cIHv2CM%3D&reserved=0)), followed by an “80s v Today Dance Bop Riff-Off” that culminates with the two stars dancing to her 2x platinum favorite, “Juice” (watch [HERE](https://nam04.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.youtube.com%2Fwatch%3Fv%3DyXib9kJeND4&data=04%7C01%7CTiana.Timmerberg%40atlanticrecords.com%7C71829669c4ed43bbbe3208da1e2eae27%7C8367939002ec4ba1ad3d69da3fdd637e%7C0%7C0%7C637855483832164170%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C2000&sdata=KUiKFdyQ2R3n6p6RaY6Oj0fHp73f1PU%2BGPC30Le3AqE%3D&reserved=0)).

Lizzo can also currently be seen in Amazon Prime Video’s #1 reality show, *Lizzo’s Watch Out For The Big Grrrls*, streaming now exclusively via Prime Video. The eight-episode unscripted competition series – which follows Lizzo on her hunt for confident, bad-ass women to join the elite ranks of the Big Grrrls on her world tour – has swiftly drawn critical acclaim around the world, with ***The Hollywood Reporter*** declaring, “*Lizzo was born to be a reality TV host… her effervescent persona just innately lends itself to the heightened nature of this genre,*” and ***The Guardian*** simply raving, “*This joyful show will water your parched soul.*”

As if all that weren’t enough, Lizzo recently added “fashion entrepreneur” to her multi-hyphenate career by joining forces with parent company Fabletics, Inc. for the launch of her revolutionary new shapewear brand, [YITTY](https://nam04.safelinks.protection.outlook.com/?url=https%3A%2F%2Fyitty.fabletics.com%2Fsplash&data=04%7C01%7CTiana.Timmerberg%40atlanticrecords.com%7C71829669c4ed43bbbe3208da1e2eae27%7C8367939002ec4ba1ad3d69da3fdd637e%7C0%7C0%7C637855483832164170%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C2000&sdata=tfvWVn5OoJo1jzZ5LHswZyMPaiijhjQgPMa8TbQ2x0s%3D&reserved=0). Named after her childhood moniker and based on the principles of self-love, radical inner confidence, and effortless, everyday wear, the game-changing, size-inclusive brand marks an industry first: no-shame, smile-inducing shapewear designed for all body types, with sizes ranging from size 6X to XS. For more information, please visit [yitty.fabletics.com/splash](https://nam04.safelinks.protection.outlook.com/?url=https%3A%2F%2Fyitty.fabletics.com%2Fsplash&data=04%7C01%7CTiana.Timmerberg%40atlanticrecords.com%7C71829669c4ed43bbbe3208da1e2eae27%7C8367939002ec4ba1ad3d69da3fdd637e%7C0%7C0%7C637855483832164170%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C2000&sdata=tfvWVn5OoJo1jzZ5LHswZyMPaiijhjQgPMa8TbQ2x0s%3D&reserved=0).

A 3x GRAMMY® Award-winning singer, songwriter, rapper, actress, and so much more, Lizzo has shifted the sound, soul, and spirit of popular music and culture. 2019’s now-classic, RIAA platinum certified debut album, *CUZ I LOVE YOU*, bowed at #4 on the Billboard 200, fueled in part by such history-making hits as the platinum certified “Tempo (Feat. Missy Elliott),” the 2x platinum “Juice,” the 4x platinum “Good As Hell,” and the 7x platinum “Truth Hurts.” The latter of which ascended to #1 on *Billboard*’s “Hot 100,” affirming Lizzo as only the third female rapper to top the chart without a featured artist, as well as the first black solo female R&B singer to claim the top spot since 2012. “Truth Hurts” dominated the chart for seven weeks, further making history as the longest running #1 by a solo female rap artist ever. Named by Rolling Stone as one of the “500 Greatest Songs Of All Time,” “Truth Hurts” went on to earn a 2020 GRAMMY® Award for “Best Pop Solo Performance,” with *CUZ I LOVE YOU (DELUXE)* receiving that year’s GRAMMY® for “Best Urban Contemporary Album” and “Jerome” earning “Best Traditional R&B Performance.”

Crowned 2019’s “Entertainer of the Year” by both *TIME* and *Entertainment Weekly*, Lizzo has adorned the covers of countless publications around the globe, spanning *Rolling Stone*, *Billboard*, *Elle*, *British Vogue*, and many more. Among her many unforgettable TV appearances, Lizzo has lit up the stage at the American Music Awards, the MTV Video Music Awards, the BET Awards, *Saturday Night Live*, and an epic opening performance at the GRAMMYs, to name just a few. Expanding her imprint and influence across media, Lizzo lent her voice to the 2019 animated film, *UglyDolls*, and joined Jennifer Lopez, Constance Wu, Julia Stiles, Keke Palmer, Lili Reinhart, and Cardi B in the all-star cast of that same year’s critically acclaimed *Hustlers*.

Lizzo maintained this unstoppable momentum on 2021’s RIAA gold certified “[Rumors (Feat. Cardi B)](https://nam04.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.youtube.com%2Fwatch%3Fv%3D4P9XUrniiK4%26list%3DPLbHR-EqT3TYTcc4jWKxZLxhQSRwszuOVx%26index%3D2&data=04%7C01%7CTiana.Timmerberg%40atlanticrecords.com%7C71829669c4ed43bbbe3208da1e2eae27%7C8367939002ec4ba1ad3d69da3fdd637e%7C0%7C0%7C637855483832164170%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C2000&sdata=XGQPGMPaD3qqud7TxQ96rDF2xtzzey%2BvjuxtdyYMTXE%3D&reserved=0)” and is now set to create her biggest, boldest, and brightest revolution thus far with her massively anticipated second full-length offering *SPECIAL* for Nice Life Recording Company/Atlantic Records, due July 15th.

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