**AWARD-WINNING SINGER-SONGWRITER BEN ABRAHAM RELEASES “I AM HERE”**

**TRACK TO BE FEATURED IN TONIGHT’S SEASON 18 PREMIERE OF ABC’S *GREY’S ANATOMY***

**FORTHCOMING SOPHOMORE ALBUM *FRIENDLY FIRE* SET FOR RELEASE ON JANUARY 21, 2022**

**RELEASE FOLLOWS WIDELY-PRAISED SERIES OF SOLD-OUT SHOWS IN LONDON, NYC + LA**

[**BUY/STREAM “I AM HERE”**](https://benabraham.lnk.to/IAmHereID)

**PRE-ORDER *FRIENDLY FIRE*** [**HERE**](https://benabraham.lnk.to/FriendlyFire-POPR)



[**download hi-res press photo**](https://press.atlanticrecords.com/wp-content/uploads/2021/03/Ben-Abraham-Press-Image-Credit-Danielle-Levitt-2.jpg)

Award-winning Australian-born, LA-based singer/songwriter **Ben Abraham** has released his latest single “**I Am Here**,” along with news that the track will make an impressive television debut on tonight’s season premiere of ***Grey’s Anatomy*** airing **Thursday, Sept 30 (9:00-10:00 p.m. EDT)**, on **ABC**. **Listen to the new track** [**HERE**](https://benabraham.lnk.to/IAmHereID)**.**

The high-energy track is lifted off his forthcoming sophomore album ***Friendly Fire*** – due out **January 21st** on **Atlantic Records** (pre-order [**here**](https://benabraham.lnk.to/FriendlyFire-POPR)).

**Of the track, Ben shares:** *“I Am Here” is a celebration of being alive. Each verse charts the evolution of things we ask for from the day we are born to the day we die. It's unique on the album in that it's not dealing with personal experiences so much as it is a treatise on existence. One of the early songs written for the record, the bridge ‘let me be angry and wrong in my youth, let me find fire in searching for truth’ became a manifesto for the album.*

Upon announcing ***Friendly Fire*** earlier this month, Abraham also released the powerful track “**Runaway**” – listen [**here**](https://benabraham.lnk.to/RunawayPR) – which found the acclaimed artist delivering an intimately raw and personal narrative juxtaposed against a driving beat and glittering synths. The song arrived paired with a powerful one-take visual inspired by the film “Shame,” starring a young runner traversing through the dark, late-night streets of Los Angeles – watch [**here**](https://BenAbraham.lnk.to/RunawayPR/youtube).

To celebrate the announcement, Abraham played a series of **sold-out** intimate shows in **London**, **New York**, and **Los Angeles** which received praise from press and fans alike.

The album is a stunning body of work, chronicling a massively life-altering period of time in the singer-songwriter’s life. Previously released tracks include: [*War In Your Arms*](https://www.youtube.com/watch?v=nMmO_yYFMSw&ab_channel=benabrahammusic)*,* [*Requiem*](https://open.spotify.com/track/5w4axvkZhiRqoE0PP6teSo?si=bb26dfd0cf0f4ee0)*,* and[*Like A Circle*](https://open.spotify.com/track/4vhTLCwdhI4GDw3cyohm0u?si=15138e4294a044af), which have amassed millions of streams globally and been met with praise from [American Songwriter](https://americansongwriter.com/ben-abraham-turns-his-difficult-past-into-a-beautiful-expression-on-requiem/), [Clash](https://www.clashmusic.com/news/go-behind-the-scenes-with-ben-abraham) and more (full album tracklist enclosed).

**In a note to fans, Ben shared:** *If a big theme of my first album was finding faith, then my new album explores what happens when you lose it. Runaway was the first song I wrote, and in many ways set the template of what was to follow. I had met the person I was certain I was going to marry but ultimately - during a very difficult time - was unfaithful to. All hell broke loose, and I was forced to re-evaluate everything I’d believed to be true.* ***My new album is the story of an unravelling and Runaway is how it begins.***

In July, Abraham released “[**Requiem**](https://benabraham.lnk.to/RequiemPR)” alongside an official visualizer shot in New York City (watch [**here**](https://benabraham.lnk.to/RequiemPR/youtube)), underscoring the introspective themes of the song as an ode to the loss of innocence. That released followed the May debut of *Friendly Fire*’s stunning debut single “[**War In Your Arms**](https://benabraham.lnk.to/WarInYourArmsPR),” produced by James Flannigan (Dua Lipa, MARINA, Matt Maeson) and co-written with fellow Australian singer-songwriterHelen Croome.

Featuring striking piano melodies and massive gospel harmonies set against a gracefully sculpted beat, the song arrived alongside an equally evocative official video starring Abraham (watch [**here**](https://youtu.be/nMmO_yYFMSw)). Upon release, **Albumism** declared the track: *“…mesmeric… the poignant ‘War In Your Arms’ rises from the embers of great heartbreak.”*

“War In Your Arms” came on the heels of “[**Like A Circle**](file:///C%3A/Users/elizabethkober/Documents/Releases%20in%20Progress/benabraham.lnk.to/LikeACircle),” a song released by overwhelming popular demand after Abraham teased a snippet of the then unreleased track to his TikTok (the [original clip](https://www.tiktok.com/%40benbenabraham/video/6942830107996212481?lang=en&is_copy_url=0&is_from_webapp=v1&sender_device=pc&sender_web_id=6896943064507631109) has since gone on to amass nearly 1 million views).

Abraham’s debut LP ***Sirens*** was initially self-released in 2014, earning widespread critical praise and leading to a 2016 reissue via indie label Secretly Canadian. Featuring appearances from Sara Bareilles and Gotye, the album was hailed by the [**New York Times**](https://www.nytimes.com/2016/03/07/t-magazine/entertainment/ben-abraham-singer-songwriter.html) as “***a debut of remarkable depth*.**”

While *Sirens* catalyzed his career as an in-demand songwriter – co-writing tracks like **Kesha**’s **RIAA-certified double-platinum**, **Grammy Award-winning** smash hit “**Praying**” – he also experienced the most tumultuous period of his life, including a serious breakup and ensuing crisis of faith. In the thick of all that upheaval, Abraham created *Friendly Fire.*

A selection of songs that speak to the undeniable possibility for rebirth after incredible loss and pain, the forthcoming album reveals Abraham’s extraordinary gift for songwriting that he’s honed for much of his life and spotlights the cinematic yet emotionally raw sensibilities he’s long showcased while penning songs for artists like **Demi Lovato** and **The Chicks**.

*Friendly Fire* follows standalone singles “[**Satellite**](https://www.youtube.com/watch?v=5KQx_pzcY3s&ab_channel=benabrahammusic)” and “[**Nobody Wants to Hear Songs Anymore**](https://www.youtube.com/watch?v=9DBE4klaTD0&ab_channel=benabrahammusic),” both released in 2019. In exclusively announcing his signing to Atlantic and debuting “**Satellite**,” [**Billboard**](https://www.billboard.com/articles/columns/pop/8520838/ben-abraham-signs-atlantic-records-satellite) declared: *“‘Satellite’ is a stunningly cinematic cut, keeping the barebones instrumentation to just piano and strings, letting Abraham’s warm vocal shine.”* [**Idolator**](https://www.idolator.com/7838397/one-to-watch-ben-abrahams-satellite-is-folk-pop-poetry?adblock=1&chrome=1)continued: *“‘Satellite’ is a sublimely-written lullaby… folk-pop poetry.”*

With his earlier live experience including touring with country legend **Emmylou Harris**, Abraham recently supported Grammy, Tony, and Emmy Award-winner **Ben Platt** on his 2019 headline tour – a North American run that followed Abraham’s co-writing several songs on Platt’s debut solo album, ***Sing to Me Instead***.

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**BEN ABRAHAM – FRIENDLY FIRE**

**JANUARY 21, 2022**



[download hi-res album artwork](https://warnermusicgroup.app.box.com/s/c06ee1piwsetgmgjuvyuv3eqy2hyb7du/file/848698581718)

**TRACKLISTING**

1. **Runaway**
2. **War In Your Arms**
3. **Friendly Fire**
4. **Another Falling Star**
5. **If I Didn’t Love You**
6. **I Am Here**
7. **Callie (Interlude)**
8. **Boy In A Bubble**
9. **Requiem**
10. **California Drifting**
11. **Brother Tongue**
12. **Love Myself**
13. **Too Old Too Young**
14. **Like A Circle (Bonus Track)**

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**Connect with Ben:**

[**Website**](https://benabrahammusic.com/) | [**Instagram**](https://www.instagram.com/benbenabraham/?hl=en) | [**TikTok**](https://www.tiktok.com/%40benbenabraham?lang=en) | [**YouTube**](https://www.youtube.com/channel/UCuRSncw4PwblvPHfRt9R0dg) | [**Twitter**](https://twitter.com/benabrahammusic) | [**Facebook**](https://www.facebook.com/benabrahammusic/)

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