

flowerkid reveals a new dimension on charged-up new single 'Diss and Disappoint'. One of Australia's most vulnerable and autobiographical songwriters has shattered sonic expectations with his latest release, showcasing a natural sensibility for pop melody while also retaining his unique, soul-bearing sound.

Since flowerkid AKA. Flynn Sant debuted as a 16 year-old with 'Late Night Therapy' he has captivated listeners with his vivid, unfiltered songwriting. Used as a form of catharsis to heal from past traumas, pouring his heart out through song feels like a personal necessity.

Coming to terms with being trans while at a Catholic School in Western Sydney, songwriting has acted as an aid to process emotion for Flynn. A Yamaha keyboard gifted to him by his Aunt was his first entrance into sonic diary writing and since then his music has expanded into a world of heart-rendering production and achingly raw vocals.

"I knew that confronting these [past traumas] was scary. But it was so necessary in the process of healing," he says.

"My mission is just to heal and help people along the way."

'Diss and Disappoint' is his first piece of new music since 2021's revered 'everyone has a breaking point' EP and marks a distinct new chapter for Flynn. Building upon the sounds and personal notions that he's developed throughout his career, 'Diss and Disappoint' sounds widescreen, buoyed by confidence and ambition. The chorus soars, instantly ready for boisterous singalongs, while the verses cut deep melodically.

It's a testament to his songwriting and musicianship that 'Diss and Disappoint' still feels like an emotional sucker punch despite being the most accessible song of his career. It takes the skittering, electronic bed of his past music and fuses it with organic instrumentation. It was written and produced with Alex Hope (Troye Sivan, Tegan and Sara) in Nashville. The pair had an "instant chemistry" and they built the song quickly after Flynn recounted an ex-partner who only "disses and disappoints" him.

That creative energy between Hope and Flynn in the room resulted in "a full-on pop-rock banger". Elements of it recount the organic intimacy of early tracks like 'Late Night Therapy' and 'boy with the winfields and the wild heart' but the sound has been blown wide open.

"We've gone back to the roots of guitars and piano. There are still electronic elements like in the EP but it's very organic at the same time," he says.

The EP was a haunting and delicate dig through his past. Self-written and largely self-produced with collaborators Nick Ward, Dave Hammer, and Alaska, it weaved striking lyrics through spacious electronics. At times, it collected you in a flurry of dense emotion while at other times, it was so quiet you could hear a breath.

Despite the ties to earlier work, Flynn thinks his younger self would be shocked by how far he's come with his new music. He's gone from introspective diary outpourings to open-armed, crowd-ready declarations. "Wishing I had control of the story," Flynn sings on 'Diss and Disappoint' and control is exactly what he achieves. By airing his grievances, he sheds a

weight that's reflected in the boisterous nature of the song. Flynn admits the process has given him, "a new perspective on life."

"The moral of the story is that rather than escape it, I have to accept it and then it will not be so scary anymore," he says.

That same notion is also reflected in forthcoming music with one song 'Baywatch' tackling body positivity, detailing his experience as a transgender person. "I just wanna take my shirt off, run the beach like I'm on Baywatch," rings the glowing hook, chasing euphoria.

"This is an anthem for the people that don't feel comfortable in their bodies enough to go and do that," he says.

And therein lies the essence of Flynn's music. It's all about finding a "silver lining", as he puts it. Even when he's telling the darkest of truths, it's done with the hope that it's going to create a better future. It's that mix of raw honesty and optimism that has created adoration for flowerkid's music.

He's received acclaim from triple j, BBC Radio 1 and Apple Music tastemaker Zane Lowe. *Billboard*, *The Guardian* and *NME* have also sung his praises spreading the word of flowerkid from Western Sydney to the rest of the world. He now boasts over 13 million streams on Spotify. 'It's all happening' with KUČKA nabbed the cover of Spotify's New Music Friday ANZ playlist and he's also received spots on heavy-hitter playlists like Transcend, Front Left, Indie Darlings, Low Key Pop, The Local List and Indie Arrivals.

Right now, flowerkid is looking forward to the future while still acknowledging that healing is a work in progress.

"We're going into a new era with similar traumas," he says.

"But we're finding a way to accept those things and hopefully that comes through as me letting go."