

MATT MAESON'S THIRD STUDIO ALBUM, [A QUIET AND HARMLESS LIVING](#) OUT NOW VIA ATLANTIC RECORDS

SHARES NEW SINGLE AND VIDEO FOR
["CURSIVE \(FT. MANCHESTER ORCHESTRA\)"](#)

[42-DATE TOUR OF NORTH AMERICA AND THE EU/ UK KICKS OFF](#)

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[HI-RES PRESS IMAGE AND ARTWORK](#) // CREDIT: MATTHEW DANIEL SISKIN

Today, Matt Maeson, the Virginia-born and Nashville-based multiplatinum singer, songwriter, and multi-instrumentalist, releases his third studio album, [A Quiet And Harmless Living](#) via Atlantic Records. On the album, Maeson chronicles the recent changes in his life, including getting married, moving from Austin to Nashville, and becoming a father. The album channels the complicated feelings, uneasy thoughts, and self-doubt into arresting anthems anchored by relatable and raw emotion. "It was very healing to write this," Maeson shares. "I was going through a lot. So, A Quiet and Harmless Living is about deconstruction and figuring out who I am now as a person in a completely different season." [A Quiet And Harmless Living](#) is available now on all formats, including a signed Ash Blue Vinyl edition available via his webstore, [here](#).

Today, Maeson also shares the song and video for "Cursive (ft. Manchester Orchestra)" the latest single from [A Quiet And Harmless Living](#). Maeson reveals about the song, "I started writing 'Cursive' a few years ago. I always got stuck on the second verse so one night I just thought I'd send it over to Andy Hull from Manchester Orchestra to see if he wanted to help me finish it and not long after he came to Nashville and we ended up finishing it in a day. There's a line that says 'it's not the world I thought I knew at seventeen or twenty-two' and ironically, seventeen is the age I was when I first discovered Manchester Orchestra. To now get to work

with them on my own songs that mean so much to me is such a surreal honor.” Hull also shares about collaborating with Maeson on this song, “I’m a sincere fan of my friend Matt and his thoughtful writing. I feel lucky anytime we get the opportunity to collaborate, and being invited into his world on this album is a privilege. Creating this song together was as fluid and organic as it gets and I think we’re left with something really special. Here’s to many more to come.” Listen to “Cursive (ft. Manchester Orchestra)” [here](#) and watch the music video, directed by Matthew Daniel Siskin, [here](#).

Maeson recently confirmed his [42-date tour](#) which will reunite him with his full band to play 27 dates in North America from late September through early November, and 15-dates in Europe and the UK in January and February 2026. The tour will stop in cities including Austin, Los Angeles, Toronto, Nashville, and Brooklyn in North America and Dublin, Paris, Munich, Amsterdam and more in the EU/UK (full dates below). A VIP package will be offered for each date which includes soundcheck viewing access, one signed, show specific tour poster, one exclusive merch gift, one commemorative VIP laminate, early merch shopping access, and VIP early entry to the show. Tickets for all dates are on sale [here](#).

A Quiet And Harmless Living is Matt Maeson’s first album since his 2024 live record, *That’s My Cue: A Solo Experience* and his sold-out solo tour of the same name. It was written during and chronicles a period of profound change in Maeson’s life. “I was trying to appease everyone by juggling being a good father, husband, and artist,” he shares. “I was failing at all of it, because I was doing too much. It broke me down to a point where it came out in the lyrics. I was writing about all of the ups and downs of fatherhood, marriage, and a career in an industry that demands all of your time and punishes you for the time you don’t give. There was a whiplash of emotions, but fatherhood gave me the punch in the face I needed like, ‘Your job isn’t the only thing that matters anymore’. It actually took the pressure off. My career could fail, but I’d still have the best thing in the world: my son. It gave me the ability to be brutally truthful.”

Given the changes at home, Matt primarily wrote at night, working often between 11pm and 2am. He listened to everything from Mk.gee, Big Thief, and Adrienne Lenker to the scores of *Final Fantasy VII* and *Clair Obscur: Expedition 33*. To bring the music to life, he collaborated closely with producer and friend Owen Lewis, leveraging the talents of Nashville session musicians to complete the vision. This time around, the bulk of the material developed on piano, including the first single “Everlasting,” which wrestles with the idea of leaving it all behind, before dusting yourself off and finding comfort in the mantra-like chant, “Grit your teeth and make us proud. Fake it when you don’t know how.”

On “Downstairs” palm-muted electric guitar slips into the undertow of the distortion-boosted refrain, “*I just wanna drift away downstairs.*” Meanwhile, on “Cursive,” Maeson duets with Andy Hull of Manchester Orchestra trading off on introspective verses. “Andy and I have become super close,” Maeson says. “He’s been through it all, and he has two kids who are a little older. It’s the only song to address my place with religion and faith. As a kid, you rely on what you’re indoctrinated with. When you get to 32 and all of it falls apart, you have to figure out what you believe.”

Ultimately, *A Quiet and Harmless Living* is the sound of growing and finding balance. “At the end of the day, I’m just a good father and husband who makes and plays music sometimes,” he smiles. “I’m so happy with this record. I made something that spoke to me, and I’m content, man.”

***A Quiet and Harmless Living* Track Listing**

1. A Good Start
2. In My Arms
3. Cursive (feat Manchester Orchestra)
4. Downstairs
5. Halfway to Whole
6. Everlasting
7. Split Personality Blues
8. Stubborn as Religion
9. Year After Year
10. All My Wars

MATT MAESON TOUR DATES

North America 2025

September 26: Dallas, TX - House of Blues *

September 27: Austin, TX - Stubb's Waller Creek Amphitheater *

September 29: Phoenix, AZ - The Van Buren *

October 1: San Diego, CA - The Observatory North Park *

October 2: Los Angeles, CA - The Wiltern *

October 4: San Francisco, CA - Regency Ballroom *

October 5: Eugene, OR - The McDonald Theatre *

October 7: Portland, OR - Crystal Ballroom *

October 8: Seattle, WA - Showbox SoDo *

October 10: Spokane, WA - Knitting Factory *

October 11: Vancouver, BC - Vogue Theatre *

October 16: Denver, CO - Mission Ballroom °

October 18: Minneapolis, MN - First Ave. °

October 19: Chicago, IL - The Vic Theatre °

October 21: Detroit, MI - Royal Oak Music Theatre +

October 22: Toronto, ON - History +
October 24: Montreal, QC - Theatre Beanfield
October 25: New Haven, CT - Toad's Place +
October 27: Asheville, NC - Orange Peel +
October 28: Charlotte, NC - The Fillmore +
October 30: Nashville, TN - Ryman Auditorium +
November 1: Atlanta, GA - The Tabernacle +
November 3: Charlottesville, VA - The Jefferson Theater +
November 4: Washington, DC - Lincoln Theatre +
November 5: Philadelphia, PA - Union Transfer +
November 7: Boston, MA - House of Blues +
November 8: Brooklyn, NY - Brooklyn Steel +

* - with special guest slimdan

° - with special guest Wells Ferrari

+ - with special guest Joe P.

Europe 2026

January 30: Manchester, UK - New Century Hall
February 1: Glasgow, UK - Oran Mor
February 2: Dublin, IE - 3Olympia
February 4: London, UK - O2 Shepherd's Bush Empire
February 5: Antwerp, BE - Trix
February 7: Paris, FR - Trabendo
February 8: Zurich, CH - Plaza
February 10: Munich, DE - Technikum
February 11: Berlin, DE - Gretchen
February 13: Oslo, NO - John Dee

February 14: Stockholm, SE - Nalen

February 16: Copenhagen, DK - Lille Vega

February 17: Hamburg, DE - Mojo Club

February 19: Amsterdam, NL - Melkweg

February 20: Cologne, DE - Die Kantine

All Europe dates with special guest: Steinza

About Matt Maeson

Matt Maeson makes songs for those moments when you need them the most. No matter how fast life goes, he can get a grip on it and slow it down just enough to sing about it. The Virginia-born and Nashville-based multiplatinum singer, songwriter, and multi-instrumentalist transforms complicated feelings, uneasy thoughts, and self-doubt into arrestingly catchy alternative anthems anchored by relatable and raw emotion. Throughout the last decade, Matt has documented life's twists and turns on tape. In 2019, he struck a chord and made history with his first LP, *Bank on the Funeral*. The album's two Platinum-certified singles—"Cringe" and "Hallucinogenics" [feat. Lana Del Rey]—each climbed to #1 at Alternative, elevating him as "*the first ever male solo artist to log two #1 Alternative hits from a full-length debut LP.*" On its heels, 2022's *Never Had To Leave* incited critical acclaim from *American Songwriter*, *Consequence of Sound*, and more. He emerged as the rare talent equally comfortable supporting Zach Bryan in arenas or lending his voice to tracks alongside Gryffin, Illenium, and Chelsea Cutler. He also embarked on the sold-out acoustic *That's My Cue* Tour captured on his 2024 live record, *That's My Cue: A Solo Experience*. Along the way, Matt got married, moved from Austin to Nashville, and became a dad. He processes all of these pivotal changes out loud on his third full-length offering, *A Quiet and Harmless Living* [Atlantic Records]. By doing so, he taps into the sound of growing and finding balance with his most vulnerable and vital body of work yet.