

**GRAMMY® & EMMY AWARD WINNING SUPERSTAR LIZZO
UNVEILS NEW SINGLE & VIDEO “DON’T MAKE ME LOVE U”
OUT NOW**

[LISTEN TO “DON’T MAKE ME LOVE U”](#) | [WATCH THE OFFICIAL VIDEO](#)



[DOWNLOAD HI-RES ARTWORK](#)

(New York, NY - March 20, 2026) – GRAMMY® & Emmy Award-winning superstar singer, songwriter, rapper, instrumentalist, and actress **Lizzo** has released a new track and video, “**Don’t Make Me Love U,**” — listen [HERE](#) / watch [HERE](#). The anthemic ballad, produced by longtime collaborator Ricky Reed & Cheche Alara, kicks off Lizzo’s new musical era.

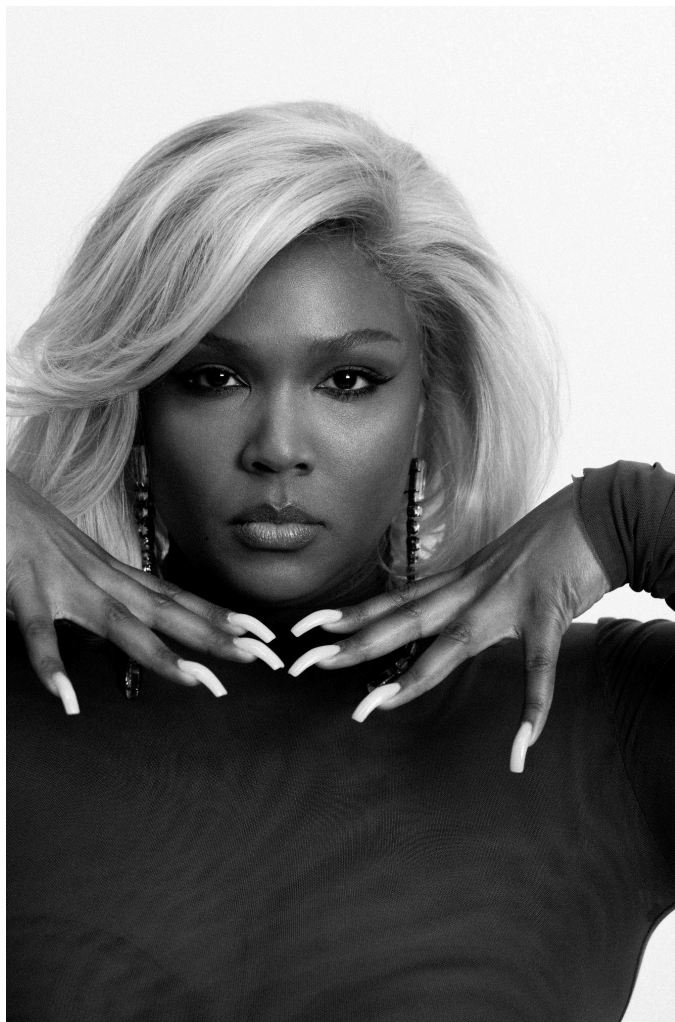
The video, directed by Tanner K Williams and shot by Bentley Rawle, gives a surreal and visually striking look into a familiar relationship of grappling with your past-self, reflecting and eventually evolving through learning and growth. It’s as cinematic and sincere as it is satirical as told through a cerebral lens of Lizzo and Lizzy, her alter ego.

This much anticipated release comes on the heels of a fully sold-out run of shows at Blue Note Jazz Club’s Los Angeles & New York locations, totalling a run of 12 performances. **Variety** heralded that “these shows reminded the audience, up close and personal, what a major talent Lizzo is: a top-class singer, an engaging and entertaining performer, and to a degree we haven’t really seen before, a trained, serious musician.” She most recently gave an electrifying performance to a sold-out Houston Rodeo with over 70,000 fans earlier this month.

Lizzo also recently announced the upcoming release of her first ever children's book *Lil Lizzo Meets Sasha B. Flootin'*, coming to bookshelves all over on September 8th, 2026. Published by Simon & Schuster Books for Young Readers, the story tells the tale of a bubbly little girl who just wants to belong meeting a smart and brassy flute who can't find her tune, winding up on a wild adventure to places filled with incredible sounds.

ABOUT LIZZO:

Lizzo is a four-time GRAMMY® Award–winning, Emmy Award–winning superstar singer, songwriter, rapper, and actress, who has left an indelible and incomparable mark on popular culture. She has garnered numerous accolades, notched two Hot 100 #1 smashes, earned dozens of gold, platinum, and multi-platinum certifications, packed arenas worldwide, and shined in blockbuster films. Lizzo notably made history in 2023 when she emerged as “the first black woman to receive Record of the Year at the GRAMMY® Awards since 1994” for the 2x-platinum “About Damn Time.” Prior, she shook the charts with the Diamond record “Truth Hurts.” It enshrined her as both “the third female rapper to top the Hot 100 without a featured artist” and “the first black solo female R&B singer to claim the top spot since 2012.” It dominated the Hot 100 for seven weeks, becoming “the longest running #1 by a solo female rap artist ever.” Rolling Stone hailed it as one of the 500 Greatest Songs of All Time. She has appeared on a myriad of television shows, including Saturday Night Live, TODAY, Watch What Happens Live with Andy Cohen, Jimmy Kimmel Live!, CBS Sunday Morning, and more. She also headlined her own Emmy nominated HBO special Lizzo: Live In Concert, capturing her sold-out show at Kia Forum in Los Angeles. Along the way, her presence could be felt at the box office and on streaming networks, spanning roles in The Simpsons and Hustlers in addition to producing and starring in the #1 multi-Emmy Award–Winning, Prime reality TV show: Lizzo's Watch Out for the Big Grrrls. She started her own shapewear line, Yitty, designed for every type of body. In 2026, she kicked off the year with the announcement of her first ever children's book, *Lil Lizzo Meets Sasha B. Flootin'*, hitting bookshelves this September.



[DOWNLOAD HI-RES PRESS IMAGE](#) (CREDIT: JASON RENAUD)

###

FOLLOW LIZZO:

[INSTAGRAM](#) | [X](#) | [YOUTUBE](#) | [TIK TOK](#)